

EXPRESS SKIPPER PROGRAMME Sample Course Syllabus

DAY SKIPPER MODULE			
Competent Crew	Mon – Fri (5 days)	100	This 5 day hands-on practical course provides confidence and knowledge in sailing a modern cruising yacht. You will participate in all aspects of yachting including: helming, sail trim, mooring & safety.
Day Skipper Theory	Sat – Tue (4 days)	0	This shore-based course takes you from the basics of navigation including; tidal calculations, chart reading, collision regulations, meteorology and electronic navigational aids
Day Skipper Practical	Wed - Sun (5 days)	100	You will be introduced to all aspects of skippering a yacht including; sail trim, mooring, pilotage, passage planning, anchoring and safety onboard.
COASTAL SKIPPER MODULE			
Skipper Refresher	Sun – Fri (5 days)	100	This 5 day hands-on practical course will act as an opportunity to sharpen up skills and remind you of those less frequently used.
RYA Sea Survival	Sat (1 day)	0	An essential qualification required when sailing further than 60 miles offshore. During this one day lesson you will learn personal survival techniques and the proper use of rescue equipment.
RYA First Aid	Sun (1 day)	0	A one-day course combining both practical and theory designed to form part of the mandatory minimum requirements for familiarisation and basic safety training for all Skippers.
RYA Coastal Skipper Theory	Mon - Fri (5 days)	0	This course covers advanced navigation, including chart work, position fixing, tides, buoyage and offshore passage planning as well as the essential subjects of safety, International Regulations for Preventing Collision at Sea and meteorology. The use of GPS is also included.
RYA VHF Radio	Sat (1 day)	0	This course covers the use of a VHF Radio equipped with Digital Selective Calling (DSC). This is part of the Global Maritime Distress and Safety System.

Gibraltar Experience 'Cruise the Algarve'	Sun - Sun (14 days)	500	During this purpose designed cruise you will familiarise yourself with long distance sailing and navigation along the South coast of Spain and weather dependant, into Seville. During your cruise you will become familiar with custom formalities and mooring procedures typical to the Mediterranean. Upon entering Seville you will experience unusually, lock handling. Anticipated ports will include Barbate, Chipiona, Cadiz, Rota and Sancti Petri. After arriving in Seville you will enjoy a day off to explore this beautiful city before making preparations for your return cruise back to Gibraltar.
Race Training including an Offshore Race	Wed - Sun (5 days)	200	In preparation for entry into an Offshore Race from the Solent you will be practising sail changes, spinnaker hoists, gybes, drops and peels, race navigation rules and start line tactics. During the training your sailing techniques will become faster and more driven.
Coastal Skipper preparation	Mon - Fri (5 days)	100	The Coastal Skipper course is intended to teach the skills and techniques required to skipper a yacht safely on coastal and offshore passages by day and night. This will include passage planning, preparing a pilotage plan, showing you can take charge of a yacht and direct the crew and that you can control the yacht effectively in a confined space under sail and power.
RYA Coastal Skipper Exam	Sat - Sun (2 days)	N/A	2 day assessment with an Examiner onboard who will observe your navigational and seamanship skills and test your knowledge.
YACHTMASTER MODULE			
Skipper Refresher	Mon – Fri (5 days)	100	This 5 day hands-on practical course will act as an opportunity to hone skills and remind you of those less frequently used.
RYA Radar	Sat (1 day)	0	An introductory course on how the Radar works and its use during navigation and collision including target definition, radar reflectors, types of radar displays and radar plotting.

RYA Diesel Engine	Sun (1 day)	0	The aim of this course is to give awareness of the main systems of a Marine diesel engine and the ability to take simple measures to prevent mechanical breakdown at sea and rectify defects which do not require workshop support.
Passage Builder	Mon – Fri (12 days)	750	An opportunity to gain your required 60 mile Skippered passages whilst sailing offshore around the English channel, including the West Country, Channel Islands & France.
Free Time	Sat - Sun (2 Days)	0	
Gibraltar Experience 'Cruise the Costa' Return flight costs are included in module price.	Sun-Sun (14 days)	750	A 14 day programme of several passages in and around Gibraltar's tidal water including a distance voyage to the Costa de Sol and cross tidal challenges of sailing to Morocco. The focus of these passages is to improve mooring and navigational skills in unfamiliar waters, including sailing in the busy shipping lanes of the Gibraltar Straits. Included will be time off to enjoy the sights and experience the delights of these foreign ports.
Self Skippering passage	Mon – Fri (5 days)	100	Together with your crew you will be given the responsibility to really take charge of running the yacht without an instructor onboard. The yacht and experience will be all yours!
Free Time	Sat - Sun (2 days)	0	
Yachtmaster Preparation week	Mon – Fri (5 days)	100	During the five days you will visit many of the Solent's harbours and rivers to explore them night and day and at different states of tide. Together with your instructor you will revisit in detail the areas studied with the intention to test your ability to take safe responsibility of a yacht, and her crew.
RYA Yachtmaster Offshore Exam	Sat - Sun (2 days)	N/A	2 day assessment with an Examiner onboard who will observe your navigational and seamanship skills and question your knowledge.